Garden City Parks and Recreation

Mini-Dribblers Basketball League

GARDEN CITY
PARKS & RECREATION

Rules Packet / Coaches Manual

The goal of the Garden City Parks and Recreation Youth Basketball Program is to provide wholesome recreation for youth who take part in the program. **Emphasis is on learning fundamental skills, basic rules of the game, and participation**. Objectives of the program will be to provide development in motor skills associated with basketball, to build character in each individual by stressing sportsmanship and fair play, and to build stamina and healthy minds and bodies through physical activity. Through these objectives, the successful attainment of our primary goal can be realized.

Administration

The Athletic Supervisor, with the approval of the Recreation Superintendent and the Garden City Parks and Recreation will establish the policies governing the program. Evaluations, surveys, and input from advisory committees will be used to help formulate those policies. The Athletic Supervisor will be responsible for administering the policies in such a manner to assure an equitable, competitive, and enjoyable program for all.

Eligibility and Registration

Anyone meeting the grade level requirements will be eligible to participate in this program. All boy's and girl's wanting to participate must be registered and fees paid before they will be allowed to play. For those unable to pay the fee, scholarships are available through Garden City Recreation. Registrations will be accepted **ONLY** at the Garden City Recreation Office, 310 N 6th St. A registration period will be established by the Athletic Supervisor. Registrations after the deadline are accepted only as roster space permits or as new teams can be formed.

Coach and Assistants

Volunteers are used as coaches and assistants for all teams. Any parent that volunteers is allowed to coach his/her own child. A coaches training session and organizational meeting is conducted each year prior to the start of the season. It is strongly recommended that all volunteers attend. All volunteer coaches will be required to submit a background check to the Garden City Parks and Recreation, along with any assistant volunteer coaches helping.

Team Selection

Teams will be formed by the Athletic Supervisor and Athletic Coordinator. Players will be placed on teams according to schools or request from parents.

Participation and Conduct

1. **NUMBER OF PLAYERS** - A team must have a minimum of five **(5)** players present at game time. If not borrow a player from the other team to have even amounts of players

2. **PLAYING REQUIREMENTS** - **Each player must play at least half the game**. Teams can substitute players during the game at any dead ball. If players are sick or ill, please send them home or if not serious, they can sit with their parents watching or on the bench with supervision.

3. **Zero Tolerance Rule** - There will be zero tolerance for players, coaches and spectators who engage in harassing and/or unsportsmanlike behavior with umpires / officials, other spectators, game supervisors, other players, or GCPR Athletic Staff. Officials, game supervisors and GCPR Athletic Staff have the authority to penalize the player, coach, spectator, or team if an official is sworn at, harassed, argued with, or insulted. Penalties will range from: warning, to ejection from game, to suspension from future games and possible forfeiture of the game.

a. **Coaches and Assistants are responsible for the conduct of their players and parents or relatives of players. If this becomes out of your control bring it to the supervisor's attention.**
b. **Tobacco products are NOT permitted at any of the GCPR / Holcomb or GCHS Premises. Coaches should act and dress like role models around the youth.** Any coach or spectator under the influence of alcohol will be automatically asked to leave the facility.

General Rules

1. Youth basketball is played in a manner similar to Jr. High and High School basketball. All games are governed by the latest official Kansas High School basketball rules except when local rules are specified.

League Rules

1. **LENGTH OF GAME –** Two twelve (12) minute halves will constitute a game. The clock will run continuously during the entire game. Three minutes is allowed for half time.
2. **FULL COURT PRESS – No press at any time.**
3. **DEFENSIVE RULES** -
    a. Teams can play zone or man to man defense
    b. Team defense are required to stay inside of the three-point arc.
    c. If team goes outside the three-point line to steal the ball, stop play, ball goes back to the other team.
    d. **No** stealing off the dribble
4. **Game Modifications**
    a. **Coaches are encouraged to be on the court to help get players in position and officiate (Control) the game.**
    b. **No** free throws, if player is fouled in the act of shooting, inbound ball on nearest side, free-throw extended.
    c. **Goal Height will be 7 feet.**
    d. **Game ball will be a 25.5 basketball**
    e. Coaches are able and encouraged to be on the court during the game to help the players better understand the game.
    f. No "running back" rule –Coaches stop play and teach about traveling, not a turnover.
    g. No lane violations
    h. Fouls will not be recorded
    i. Score will not be kept
    j. Substitutions happen at the 9, 6, and 3 minute mark of each half. Game is stopped for 15-20 seconds by the scorekeeper with the horn, then the scorekeeper will sound the horn again to allow everyone to know that play and clock is resuming.

Gym Policies

5. No Food or drink in the gym. Remind parents coffee cannot be brought into gyms. Gym supervisor will have them throw it away or drink it outside. Any treats must be given out as they leave the facility.
6. No kids or bouncing balls in the hallway.
7. Leave facility exactly as found.

What to talk to parents about

1. Do not show up early or stay late at gyms, teams will be following right behind you. It is very crowded with not much room for transition. 5-10 minutes before game time is appropriate.
2. Water bottles are ok. They need to be filled with only water and have a pop top.
3. Players need to wear tennis shoes. No Crocs or slip-ons
4. Notify parents of color of team shirt so they can locate you in a crowded gym.
5. Good Luck and have **FUN**! Sportsmanship is the key to a great athlete.

Revised 10/27/21