



Garden City Parks & Recreation

Mini-Hitters Volleyball League

Rules Packet / Coaches Manual

The goal of the Garden City Recreation Youth Volleyball Program is to provide wholesome recreation for youth who take part in the program. **Emphasis is on learning fundamental skills, basic rules of the game, and participation.** Objectives of the program will be to provide development in motor skills associated with volleyball, to build character in everyone by stressing sportsmanship and fair play, and to build stamina and healthy minds and bodies through physical activity. Through these objectives, the successful attainment of our primary goal can be realized.

Administration

The Athletic Supervisor, with the approval of the Recreation Superintendent will establish the policies governing the program. Evaluations, surveys, and input from advisory committees will be used to help formulate those policies. The Athletic Supervisor will be responsible for administering the policies in such a manner to assure an equitable, competitive, and enjoyable program for all.

Eligibility and Registration

Anyone meeting the grade level requirements will be eligible to participate in this program. All girl's wanting to participate must be registered and fees paid before they will be allowed to play. For those unable to pay the fee, scholarships are available through Garden City Recreation. Registrations will be accepted **ONLY** at the Garden City Recreation Office, 310 N 6th St. A registration period will be established by the Athletic Supervisor. Registrations after the deadline are accepted only as roster space permits or as new teams can be formed.

Coach and Assistants

Volunteers are used as coaches and assistants for all teams. Any parent that volunteers is allowed to coach his/her own child. A coaches training session and organizational meeting is conducted each year prior to the start of the season. It is strongly recommended that all volunteers attend. **All volunteer coaches will be required to submit a background check to the Garden City Parks and Recreation, along with any assistant volunteer coaches helping out.**

Team Selection

Teams will be formed by the Athletic Supervisor and Athletic Coordinator. Players will be placed on teams according to schools or request from parents.

General Rules

1. Youth volleyball is played in a manner like Junior High School volleyball. All games are governed by the latest official Kansas High School Volleyball rules except when local rules are specified.
2. Cancellation of games will be announced on Garden City Recreation Facebook Page and our Hotline number is 276-1202. Managers are responsible for notifying players of the cancellation. Managers affected by a cancellation will be notified by mail of make-up dates.

Conduct

1. **Zero Tolerance Rule** - There will be zero tolerance for players, coaches and spectators who engage in harassing and/or unsportsmanlike behavior with umpires / officials, other spectators, game supervisors, other players, or GCPR Athletic Staff. Officials, game supervisors and GCPR Athletic Staff have the authority to penalize the player, coach, spectator, or team if an official is sworn at, harassed, argued with, or insulted. Penalties will range from: warning, to ejection from game, to suspension from future games and possible forfeiture of the game.

League Rules

1. Teams will practice for 15 minutes and scrimmage for 25 minutes.
2. Everyone that is present will take a position on the court.
3. No Score will be kept.
4. Each player is allowed **(3)** serves for their turn serving. Once they have served their third attempt the serve will rotate to the other team.
5. Players will be allowed to catch the ball from a serve or a bump and then re-bump the ball to another player or across the net.

EQUIPMENT

- Pickleball nets we be used in place of the volleyball standards.
- Ball – Beach balls will be used with volley lite balls available to practice.

SERVING LINE

- Mini Hitters – Can serve from anywhere behind the volleyball spike line on the right back side.

Gym Policies

1. No Food or drink in the gym. Remind parents coffee cannot be brought into gyms. Gym supervisor will have them throw it away or drink it outside. Any treats must be given out as they leave the facility.
2. No kids or bouncing balls in the hallway.
3. Leave facility exactly as found.

What to talk to parents about

1. Do not show up early or stay late at gyms, teams will be following right behind you. It is very crowded with not much room for transition. 5-10 minutes before game time is appropriate.
2. Water bottles are ok. They need to be filled with only water and have a pop top.
3. Players need to wear tennis shoes. No Crocs or slip-ons
4. Notify parents of color of team shirt so they can locate you in a crowded gym.
5. Good Luck and have **FUN!** Sportsmanship is the key to a great athlete.

Revised 8/7/23

Garth Helton
Recreation Coordinator